

TRICARE and Terminal Leave 2013



- Terminal leave—also known as transition, separation or retirement leave—is often used by active duty service members (ADSMs, including National Guard and Reserve members activated for more than 30 continuous days) to ease the transition to civilian life
- ADSMs are still on active duty while on terminal leave, and must know how to access health care services until their separation or retirement date
 - All routine care, including any medical examinations or evaluations required for separation or retirement, must be completed before starting terminal leave
- ADSMs assigned to a military treatment facility (MTF) primary care manager (PCM) who stay *within* their MTF's Prime Service Area (PSA; within 50 miles) will continue to receive their care through that MTF
- ADSMs who go *outside* their PSA will remain enrolled to their assigned MTF, but may:
 - Receive care through an available MTF in the area where they will reside, with the same priority for access to MTF care as any other ADSM
 - Obtain a single pre-authorization from their PCM before starting terminal leave to receive routine or urgent outpatient primary care from a Department of Veterans Affairs (VA) medical facility if one is available in the area where they will reside
 - Obtain an authorization by phone from their assigned MTF PCM before each episode of care (routine or urgent) from civilian providers
 - The Military Medical Support Office (MMSO) is the point-of-contact for ADSMs separating or retiring from a continental U.S. TRICARE Prime Remote (TPR) area, and will continue to provide these ADSMs preauthorization for civilian medical care
 - MMSO can be contacted at 1-888-MHS-MMSO (1-888-647-6676)
- ADSMs must report any changes in their medical status to their PCM or MMSO; significant changes in health status during terminal leave may affect the final separation or retirement date
- Family members of sponsors on terminal leave may continue with the same coverage they already have (Standard/Extra, Prime, or Prime Remote), may change programs, or may move their Prime enrollment to another location
- At the end of terminal leave:
 - Separating service members and their families may qualify for transitional TRICARE benefits or to purchase temporary coverage through the Continued Health Care Benefit Program (CHCBP)
 - Retiring service members and their families will transition to retiree TRICARE benefits, which includes the option of choosing TRICARE Prime or Standard/Extra
 - DEERS must be updated to continue eligibility
 - Prime enrollments do not automatically transition over at retirement; there is an enrollment fee for Prime, and an enrollment request must be submitted to the TRICARE contractor (Health Net Federal Services in the North Region)
 - TRICARE Prime Remote is not an option
 - There is no enrollment fee for TRICARE Standard/Extra
 - Demobilizing Guard and Reserves and their families may qualify for transitional TRICARE benefits or to purchase coverage through TRICARE Reserve Select or the CHCBP
 - Retiring Guard and Reserves and their families may qualify for transitional TRICARE benefits or to purchase coverage through TRICARE Retired Reserve or the CHCBP

Information and Assistance at Naval Medical Center Portsmouth

Beneficiary Counseling and Assistance Coordinators, Building 3, 3rd Floor, (757) 953-2610/2611
Hampton Roads Appointment Center, (866) 645-4584
TRICARE Operations, Marketing and Beneficiary Education, (757) 953-6153
TRICARE Service Center, Health Net Federal Services, Building 249, (877) 874-2273
www.med.navy.mil/SITES/NMCP/Pages/default.aspx